

NORTH MAHARASHTRA UNIVERSITY, JALGAON  
Revised syllabus for M.A. PART II PSYCHOLOGY  
with effect from July, 1998  
Paper-I : SOCIAL AND COMMUNITY PSYCHOLOGY  
(COMPULSORY PAPER)

Objectives :-

- i) To acquaint the students with the fundamentals of social behaviors.
- ii) To acquaint the students with the theoretical formulation in explaining different social processes
- iii) To illustrate the areas and strategies in social psychological research.
- iv) To acquaint the students with social psychological and community problems.

TOPICS :-

- 1) Theories and methods of social psychology.
  - 1.1 Subject matter and scope of Social Psychology.
  - 1.2 Theories of Social Psychology
  - 1.3 Methods of Social Psychological research- Psychological research.
- 2) Social perception, social cognition and attribution.
  - 2.1 Knowing others & ourselves.
  - 2.2 Attribution processes
  - 2.3 Understanding the social world.
- 3) Attitudes -
  - 3.1 Nature, formation & change.
  - 3.2 Theoretical approaches.
  - 3.3 Attitude measurement.
  - 3.4 Attitude and behaviour.
- 4) Prejudice and discrimination.
  - 4.1 Origin and nature.
  - 4.2 Measurement
  - 4.3 Reduction.
- 5) Attraction and Prosocial behaviour.
  - 5.1 Interpersonal attraction
  - 5.2 Love and human sexuality
  - 5.3 Helping others.

5. social influence.
  - 6.1 Conformity
  - 6.2 Compliance and obedience
  - 6.3 Social power
  - 6.4 Leadership
7. Group processes
  - 7.1 Nature and formation of groups
  - 7.2 characteristics of group structure
  - 7.3 Group behaviour.
  - 7.4 Group problem solving and task performance.
- 8) Community Psychology
  - 8.1 Nature and scope
  - 8.2 Community and society, community control, sense of community.
  - 8.3 Community in India.
  - 8.4 Characteristics of community psychologist.
- 9) Social Indicators, Population and Health problems.
  - 9.1 Theories of population.
  - 9.2 Population studies in India.
  - 9.3 Population policies of government of India.
  - 9.4 Health education.
- 10) Problems of Women.
  - 10.1 Status of Women in India.
  - 10.2 Women and education.
  - 10.3 Welfare programmes of Women.
  - 10.4 Problems of women - rural and urban.

#### BOOKS FOR STUDY

- 1) Baron, R. A. Byrne Don, 1995, 7th Edn Prentice Hall of India.
- 2) Feldman, Rs. Social Psychology MC grew Hill.
- 3) Haven, B.J. & Rubin J.Z. 1983, Social Psychology - Wiley
- 4) Community Psychology, T.E. Shanmugan 1987, Kalpana diagnostic laboratory, Madras,

#### REFERENCE BOOKS

- 5) Myers D.G. Social Psychology, New York, M.C. Graw Hill 3rd Ed.
- 6) Berkowitz L (1986) - A survey of Social Psychology (3rd Ed.)  
C.B.S. College publishing
- 7) Madan G.R., Indian Social Problems. Vol I & II 4th & 5th Edi.  
A.l.ied Publishers Ltd.

Paper-II : Experimental Psychology (Practical)

Section I

Experimental Practicals (Any 10)

1. Emotional Expressions.
2. Feedback as motivation in learning
3. Transfer in learning.
4. Serial learning
5. Depth Perception
6. (KOR) Knowledge of Result.
7. Problem solving
8. Perceptual defence
9. Reaction time
10. Short term memory
11. Verbal conditioning
12. Paired associate learning
13. Achievement motivation
14. Concept formation.
15. Pattern recognition
16. a) Method of limits  
b) Method of constant stimuli Average error (any one)

SECTION II

Psychological testing (Any 10)

1. Verbal test of intelligence.
2. Performance test of intelligence
3. Personality test
4. Anxiety Scale
5. Achievement test.
6. Social behaviour and social performance scale.
7. Cognitive style any test
8. Interest inventory
9. Protective test verbal or pictorial
10. Adjustment inventory
11. Special aptitude test
12. Creativity test
13. Stress or Mental Health test by Dr. C.G.D.

**INSTRUCTIONS OF STUDENTS.**

1. Students would be required to maintain a separate journal for each section.
2. The division of marks would be as follows.

**Experimental Practical I**

- 1 Journal 10 marks.
- 2 Conduct of experiment 10 marks.
- 3 Report of experiment 15 marks.
- 4 Viva Voce - 15 marks.

**Psychological testing II**

- 1 Journal - 10 marks
- 2 Administration of test 10 marks.
- 3 Report of test result 15 marks
- 4 Viva - voce 15 marks.

OPTIONAL GROUPS  
Group A - Educational Psychology  
Paper-I : PSYCHOLOGY OF HUMAN RESOURCE DEVELOPMENT IN EDUCATION

Objectives :-

To acquaint the students with :-

1. Model of Human Resource Development (HRD)
2. Nature of human abilities, individual and group differences and their application in HRD
3. Role of teacher in HRD

Topic :-

1. Human Resource Development
  - 1.1 HRD, basic assumptions.
  - 1.2 Relevance of HRD in educational setting
  - 1.3 Role of individual and group differences in HRD
2. Model of learning
  - 2.1 Gagne - Cumulative model
  - 2.2 Burner - Learning by discovery
  - 2.3 Ausubel - expository teaching.
  - 2.4 Bloom - Mastery learning
  - 2.5 Information processing approach.
3. Theories of Intelligence
  - 3.1 Spearman, Thompson, Thurstone - P.M.A.
  - 3.2 Guilford model of Intelligence.
  - 3.3 Creativity - nature, assessing, creativity and creativity in the classroom.
4. Characteristics of Teachers.
  - 4.1 Personal and professional development.
  - 4.2 Effective Teaching.
    - a) characteristics of effective teachers.
    - b) Effective teaching for different subjects.
    - c) Effective teaching with different students.

5. Instructional strategies and techniques.
  - 5.1 Teacher centered techniques.
  - 5.2 Class centered techniques.
  - 5.3 Student centered techniques.
6. Classroom management and communication.
  - 6.1 Physical design of the class room
  - 6.2 The goals of classroom management
  - 6.3 Planning for good management.
  - 6.4 Maintaining effective management.
  - 6.5 The need for communication.
7. Evaluating classroom learning.
  - 7.1 Purpose of evaluation.
  - 7.2 Norm referenced testing
  - 7.3 Criterion referenced testing.
  - 7.4 Teacher - made tests.
8. Education of exceptional children.
  - 8.1 Education of Physically handicapped.
  - 8.2 Education of mentally retarded.
  - 8.3 Education of gifted children.
  - 8.4 Education of backward children.

#### BOOKS FOR STUDY AND REFERENCE

- 1) Woolf folk Anita, 4th Ed., Educational Psychology - Allyn & Bacon.
- 2) Mathur S.S. Educational Psychology, Vinod Pustak Mandir, Agra
- 3) Narayan Rao s. Educational Psychology, Wiley - Eastern Ltd., New Delhi
- 4) Teachand, Ravi Prakash, Advanced Educational Psychology - 1997  
Anishka Publishers, Distributors New Delhi.

#### HRD IN EDUCATION

##### PRACTICUM (Compulsory)

- 1) One case study based on any topic related to this paper (10 marks)
- 2) One field visit to educational institution, special institution like school for mentally retarded etc. and presentation of its report (10 marks)

**Group-A - Paper-II : Guidance & Counseling**

**Chapter-1 Nature Scope of Guidance**

- 1.1 Meaning and function of Guidance
- 1.2 Guidance & Life goals
- 1.3 Guidance & Occupation
- 1.4 Types of Guidance - Health, recreation, leisure, selection of job education.

**Chapter-2 Problems of Guidance**

- 2.1 Adjustment at different stages - Infancy, babyhood, Childhood, puberty, Adolescent, Adulthood, middle age & old age.
- 2.2 Problems of different stages
- 2.3 Problems of disadvantaged
- 2.4 Social deviance.

**Chapter-3 Measurement of Guidance**

- 3.1 Achievement and outwitted
- 3.2 Personality inventories
- 3.3 Interest & value inventories
- 3.4 Protective techniques
- 3.5 Guidance Sciences in primary, secondary & college level.

**Chapter-4 Emergence and Growth of counseling Psychology - nature, scope & current status.**

**Chapter-5 Interdisciplinary foundations of counseling.**

- 5.1 Psychology
- 5.2 Philosophy - Religion
- 5.3 sociology - Sociometry
- 5.4 Social Class
- 5.5 Economics

**Chapter-6 Counseling process**

- 6.1 Preparation for counseling
- 6.2 Counseling content & process

5.3 Steps in counseling process

5.4 Counseling interactions, counselors skills

Chapter-7 Counseling in educational settings and special area

7.1 Counseling at elementary, high school and college level.

7.2 Counseling of marital, sexual role and related problems.

7.3 Counseling families

7.4 Vocational counseling

7.5 Counseling for physically and mentally handicapped.

Chapter-8 Group counseling

8.1 Groups - meaning & function

8.2 Kinds of groups - family, work group

Study group, training groups, social groups.

8.3 Limitations and assumptions of group process.

8.4 Guidance & counseling movement in India - The present position.

#### Books for Reading and Reference

1. Jones A.J. Steffertre B & Steward N.R. (1977) Principals of Guidance (TMH)
2. Cruickshank W.M. (1971). Psychology of exceptional children and Youth (Prentice Hall).
3. Traxler A.F. & North R.D. (1966) Techniques of guidance. (Harper & Row)
4. Naragan Rao S., Counseling Psychology, McGraw Hill, New Delhi, (1981).
5. Fullmen D.W. Bernard H.W., Counseling : Content & Process, Tempson Press (India) Ltd. New Delhi.
6. Principle of guidance - a basis text, Bernard H.W. & Fullmen, D.W. Allied Publishers Pvt. Ltd.

#### Counseling & Guidance

##### Practical (Compulsory)

1. One case study based on any topic related to this paper (10 marks.
2. One field visit to educational institution, special institution like school for mentally retarded etc. and presentation of its report. (10 marks)



Optional Group B : Clinical Psychology

Paper I - Psychopathology

- 1 Classification, Systems and Nomenclature in Diagnosis.
- 2 Theories of Psychopathology in different psychiatric conditions.
- 3 Stress and coping Mechanism
- 4 Disorders with an emphasis on etiology, description, differential diagnosis and treatment;
  - a) Disorders usually first evident in infancy, childhood, or adolescence.
  - b) Organic mental syndromes and disorders.
  - c) Psychoactive substance use disorders.
  - d) Schizophrenia.
  - e) Delusional disorder.
  - f) Psychotic disorders not elsewhere classified.
  - g) Mood disorders.
  - h) Anxiety disorders.
  - i) Somatoform disorders.
  - j) Dissociative disorders
  - k) Sexual disorders
  - l) Sleep disorders.
  - m) Factitious disorders.
  - n) Impulse control disorder not elsewhere classified.
  - o) Adjustment disorder.
  - p) Psychological factors affecting physical condition.
  - q) Personality disorders.
5. Psychopathology of Geriatrics.
6. Conditions not attributable to a mental disorder that are a focus of attention or treatment.
7. Recent advances and research methods in psychopathology.

#### BOOKS FOR STUDY

1. Adams, H.E. & Sutker, P.B. (1984). Comprehensive Handbook of Psychopathology, Plenum Press, New York.
2. Kaplan, H. I. & Sadock, B.J. (Eds.) 1988). Comprehensive Textbook of Psychiatry 5th ed. Williams & Wilkins, U.S.A.
3. Bellack, A.S. & Hersen, M. (1984). Research Methods in Clinical Psychology. Pergamon Press, New York.
4. Sadavoj, J. & Lesziz (1987). Treating the elderly with Psychotherapy. International Universities Press, Madison (Part II)
5. Diagnostic and Statistical Manual of Mental Disorders (3rd ed. revised) DSM - III - R (1987) APA Publication Washington, DC.

#### BOOKS FOR REFERENCE

1. Cannings, J.L. 1985 - Clinical Neuropsychiatry. Grune and Stratton. Inc. New York.
- 2) Ludwig, A.M. 1980. Principles of Clinical Psychiatry. Collier MacMillan Publisher, Free Press.
3. Pavlidis, G.T. & Fisher, D.P. (1986). Dyslexia; Its neuropsychology and treatment, John Wiley and Sons, New York.
4. Russell, G.F.M., & Hersov, L.A. (1982). Handbook of Psychiatry; The Neuroses & Personality disorder (Volume 4). Cambridge University Press, New York.
5. Wing, J.K., & Wing, L. (Ed.) 1982). Handbook of Psychiatry ; Psychoses of Uncertain etiology Volume 3. Cambridge University Press, New York.

## GROUP B CLINICAL PSYCHOLOGY

### PAPER II PSYCHODIAGNOSTICS AND PSYCHOTHERAPEUTICS

1. Nature of Psychological examination. Clinical interview and observation method.
2. Contributions and limitations of traditional versus behavioral methods of assessment.
3. Problems regarding validations of protective and non protective tests in clinical use.
4. Mental health - Concept of Positive mental health - community mental health.
5. Definition, Scope, objective and general principles of counseling and psychotherapy.
6. Therapeutic Relationship and interviewing procedures.
7. Training of therapists and ethical issues of psychotherapy.
8. Therapeutic approaches.
  - (a) Client - centre therapy.
  - (b) Freudian psychoanalysis.
  - (c) Neo Freudian approaches.
  - (d) Gestalt therapy
  - (e) Kelly's personal constructs.
  - (f) Transactional Analysis
  - (g) Rational Emotive therapy
  - (h) Behavior therapy
  - (i) Reality Therapy
  - (j) Existential Therapy.
9. Group Therapies
10. Marital counseling.
11. Family Therapy
12. Crisis Intervention strategies.
13. Therapeutic approaches for children and adolescents.
14. Assertiveness Training and stress coping therapeutic techniques.
15. Eclectic approach to therapy and different strategies used in eclectic therapy.

#### BOOKS FOR STUDY

1. Weiner, B. (1983). Clinical methods in Psychology, John Wiley & Sons, New York.
2. Mackinnon, A. & Yudofsky Stuart C. (1986). The psychiatric evaluation in clinical practice, Lippincott.
3. Tallent (1983). Psychological report writing. Prentice Hall, New Jersey.
4. Grant, Igor & Kenneth, Adams M. (Eds.) 1986  
Neuropsychological assessment of neuropsychological disorders. Oxford University Press, New York.
5. Hersen, M. & Bellack, A.S. (Eds) 1981. Behavioral assessment; A practical handbook, pergamon, New York.
6. Settler, J.M. (1982). Assessment of children's intelligence & special abilities. WB Sanders company, Philadelphia.
7. Corey, G. (1986). Theory & Practice of counseling and psychotherapy, brook/cole Publishing Company, Mentery. California.
8. Wolberg, L.R. (1988). The Techniques of Psychotherapy 4th ed. Parts I & II Grune & Stratten, New York.
9. Kellerman, H. (1979). Group Psychotherapy & Personality : Intersecting Structures, Grune & Stratton, New York.
10. L'Abate, L. Mchenry, S. (1983). Handbook of Marital Intervention, Grune & Stratton, New York.
- 1) Levant, r.F. (1984). Family Therapy : A comprehensive overview. Prentice Hall, Inc. Englewood Cliffs, New Jersey.
2. Roister, A.e., & Kraft, I.A. (1986). Child Group Psychoterpay, Monograph 3, American Group Psychoterpay, Association, Monograph Series International Universities Press, Inc. Madison.
13. Small, L. (1969). The Briefer Psychotherapies. Brunnon/ Mezel pp.166-168.
14. Fuster, J./M. (1964). Psychological Counseling in India, Macmillan Publishing Company, Inc. Bombay.

Group (C) - Industrial and Organization Psychology

Paper - I Personnel Psychology

1. Human Resource Planning systems.
2. Job Analysis
3. Recruitment and Selection
  - Measuring and interpreting individual differences
  - Recruitment and initial screening
  - Decision making for selection
  - Managerial Selection
  - Classification and differential placement
4. Maximizing Personnel Potential
  - Considerations in training and development
  - Career planning and development
5. Performance Appraisal System
  - Criteria development and measurement
  - Behavioural basis for performance appraisal
  - Systematic approaches to subjective appraisal
  - Biases in performance appraisal
  - Management appraisal
6. Fairness in Personnel Decisions.
7. Compensation and Reward System
  - Detering compensation and wage policies
  - Reward systems and equality
  - Discipline as penalty system.
8. Organizational Assessment
  - Purpose and uses.
  - Technology and organizational assessment
  - Process of organizational assessment.
9. Ethical Issues in Human Resource Management
10. The Law and Personnel Management.

#### BOOKS FOR STUDY

1. Cascio, W.F. (1987). Applied Psychology in Personnel Management. Prentice Hall; Englewood Cliffs, New Jersey.
2. Megginson, L.C. (1977). Personnel and Human Resources Administration. Irwin, Illinois.
3. Lawler, E.E. III, Nadler, D.A. & Common, C. (1980), Organizational assessment. John Wiley, New York.

#### BOOKS FOR REFERENCES

- 1 Anastey, E., Fletcher, C. & Walker, J. (1976). Staff appraisal and development. George Allen & Unwin ltd. London.
- 2 Arvey, R. D. (1979) Unfair discrimination employment interview: Legal and psychological aspect. Psychological Bulletin 86, 736-765.
- 3 Bajaj, r.K. (1976) - Personnel Problems of large scale industries. Panchsheet Prakashan, Jaipur.
- 4 Basu, M. K.(1988). Managerial Performance Appraisal in India. Vision Books; Delhi.
- 5 Bernardin, H.J. & Beatty P.W. (1984). Performance appraisal; Assessing human behaviour at work. Kent, Boston.
- 6 Casio, W.F. (1986). Managing human resources; Productivity quality of worklife profits. McGraw Hill, New York.
- 7 Counellan, T.K. (1978). How to improve human performance; Behaviourism in business and industry. Harper & Row, New York.
- 8 Dunnet, M.D. (Ed.), (1976). Handbook of industrial organizational psychology. Rand McNally, Chicago.
- 9 Goldstein, I.L. (1986). Training in organizations; Need assessment, development and evaluation. Brooks/Cole, Monterey, C.A.
- 10 Kaumeyer, R.A. Jr. (1982). Planning and Using a total personnel system. Van Nostrand Reinhold, London.
1. Killian, R.A. (1976). Human resource management; An ROI approach.
2. Kopelman, R.E. (1986). Managing productivity in organizations. McGraw

Hill, New York.

13. Landy, F.J. & Farr, J.L. (1973). Police performance appraisal. Law enforcement assistance administration; Univ. Park P.A.
- 14) Latham, G.P. & Wesley, K.N. (1981). Increasing productivity through performance appraisal. Adhesion - Wesley; Reading M.A.
- 15) Lawler, E.E. III(1981). Pay and organizational change. Addison - Wesley, Reading M.A.
- 16 Mishra, R. & Sharma, M. (1988). Human resource development in a changing environment. Dhruv & Deep Books, Bombay.
- 17 Philip, T. (1983). Making performance appraisal work, McGraw Hill, New York.
- 18 Prasad, L. (1973). Personnel Management and Industrial Relations in the Public Section. Progressive Corporation Bombay.
- 19) Ravishakar, S. & Mishar R.K. (1985). Management of human resources in public enterprises. Vision Books, Delhi.
- 20) Reilly, r.R. & Chao, G.T. (1982). Validity and Fairness of some employee selection procedures. Personnel Psychology, 35, 1-62.

## GROUP-C : INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY

### PAPER-II : ORGANIZATIONAL BEHAVIOUR AND ORGANIZATIONAL DEVELOPMENT

1. Organizational system, structure and design
2. Role system in organizations
3. Motivation, Job design and Job redesign.
4. Attitudes and job satisfaction in organizations.
5. Group Dynamics in organizations
6. Conflict and inter group relations in organizations
7. organizational/Occupational stress.
8. Leadership Theory and Research.
9. Authority and control in organizations
10. Power bargaining and organizational politics.
11. Communication in organizations
12. Decision making in organizations

#### ORGANIZATIONAL DEVELOPMENT

13. Dimensions of organizational
14. Diagnosing for organizational Development.
15. Intervention strategies.
  - Survey feedback
  - Process consultation
  - Team building
  - Laboratory training
  - Grid approach
  - Role analysis.
16. Criteria of effective approaches.
17. Managing O.D. Model for manager.
18. Evaluation of organizational Development.

#### BOOKS FOR STUDY

1. Luthans, F. (1987). Organizational behaviour. McGraw Hill New York.
2. Mener, J.B. (1988). organizational behaviour; Performance and productivity. Random House, New York.



3. Hersey P. & Blanchard, K. (1985). Management of organizational behaviour. Prentice Hall, New Delhi
4. Mitchell, I.R., & Larson, J.R. Jr. (1987). People in organizations; An introduction to organizational behaviour. McGraw Hill New York.
5. Davis K. & Newstrom, J.W. (1987). Human behavioural work.
6. McGill, M.E. (1978). Organization development for operating managers. AMACON, New York.
7. Jones, J.E. & Woodcock, M. (1985). Manual of management development; Strategy, design and instrument for programme improvement. Gower Publ., Aldershot Hants.
8. Lubin, B., Goldstein, E.D. & Lubin, A.W. (1979). Organizational change sources book 1; Cases in organizational development. Univ. Associates, California.
9. Pareek, U. & Rao, T.V. (1986). Designing and managing human resource systems. Oxford & IBH Publ. New Delhi.
- 10) Woodcock, M. & Francis, D. (1981). organization development through team building. Challenge Ltd., Mansfield, Notts.

#### BOOKS FOR REFERENCE

1. Adams, J.D. (Ed.,) 1972. New technologies in organization development. California University Associate, California., Vol. 2
2. A. brecht, K. (1983). organization development; A total systems approach to positive change in any business organization. P.H.
3. Annual Handbook for group facilitator (from Vol. 72 to Vol 88) 1972 to 1988, San Diego California.
4. Bateman, T.S. and Ferris, G.R. (eds.)(1983). Method and analysis in organizational research. Reston Publ., Reston Va.
5. Bradford, L.P. (1976). Making meetings work; A guide for leaders and group members. California. University Associates, California.
6. Burke, W.W. & Hornstein, H.A. (1972). Social technology of organization development. California. University Associates, California.

7. Burke, W.E. (ed)(1972). New technologies in organization development, California. University Associates Vol 1 California.
8. Burke, W.W. (1982). Organization development. Principles & Practices, Little.
9. Coz, C. & Beck, J. (1984). Management development; Advances in practices and theory. Wiley, New York.
10. Francis, D. & Younge, D (1979). Improving work group; Practical manual for team building. University Associates, California.
11. French, W.L.Jr. & Bell, C.H. (1984). Organization development; Behavioral sciences interventions for organization improvement. 3rd ed. P.H.
12. Goodman, P.S. (1984). Change in organizations; New perspectives on theory, research and practice. Jossey San Francisco.
13. Goodstein, L.D., Lubin, B., & Lubin, A.W. (Eds.)(1979). organizational change source book II; Cases in conflict management. Univ. Associates, California..
14. Humanness, J. (Ed.)1982). organizations development and management. Community College, Ser. Jossey - Bass
15. Harvey, D.F. and Brown, D.E. (1976). An experiential approach to organizations development. Prentice Hall Englewood Cliffs, New Jersey.
16. House, E.F., & Gunnings, t. (1985). organizations development and change, West Publ.
17. Kay, B.L. (1985). A guide for career development practitioners; Up is not the only way. University Associates, California..
18. Krusell, J. Vicino. F., Manning, M.R., Rytherband, E.C., Bass, B.M.
19. Lubr. M. (Ed.) (1980). Management consulting; A guide to the profession. Geneva : I.L.O.
- 20) Lippitt, G. and Lippitt, R (1986). The consulting process in action. University Associates California..

- 21) Mink, O. G., Schultz, J.M., & Mink, B. P. (1976). Developing and managing open organizations; A model and methods for maximizing organizational potential. Learning concepts, Texas.
- 22) Morris, K. T. & Cinnamon, K.M. (1983). A handbook of nonverbal group exercises. Applied Skill Press, California.
- 23) Morris, K.T. & Cinnamon, K.M. (1983). A handbook of verbal group exercises. Applied Skill Press, California.
- 24) Munson, L.S. (1984). How to conduct training seminars. McGraw Hill, New York.
- 25) Plovnick, M.S. et al (1980). Organization development exercises, cases & readings little.

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