

North Maharashtra University, Jalgaon.



Syllabus for
M.A.II Psychology

Semester System

(With effect from June 2015)

Under the Faculty of
Mental Moral & Social Sciences

North Maharashtra University, Jalgaon.
Revised syllabus for M.A.II (Semester Pattern)
With effect from June - 2015
Structure of the Courses/Papers

M.A. Part – II

SEMESTER – III

| Sr.no | Paper code | Group | Title of the Paper |
|-------------------------|------------|-------|---|
| Compulsory Paper | | | |
| 01 | Psy-231 | | Health Psychology |
| 02 | Psy-234 | | Research Methodology |
| Optional Paper | | | |
| 03 | Psy-232 | A | Psychopathology |
| Or | | | |
| | Psy-232 | B | Personnel Selection & Evaluation |
| Or | | | |
| | Psy-232 | C | Counseling Process & Content |
| Or | | | |
| | Psy-232 | D | Theories of human Resource Development |
| Or | | | |
| 04 | Psy-233 | A | Psycho-Diagnostic Theory |
| Or | | | |
| | Psy-233 | B | Industrial Work Motivation & Human Relation |
| Or | | | |
| | Psy-233 | C | Modern Career Counseling |
| Or | | | |
| | | D | Fundamental of Counseling & Guidance |

North Maharashtra University, Jalgaon.
Revised syllabus for M.A.II (Semester Pattern)
With effect from June - 2015
Structure of the Courses/Papers

M.A. Part – II

SEMESTER – IV

| Sr. no | Paper code | Group | Title of the Paper |
|-------------------------|-------------------|--------------|--|
| Compulsory Paper | | | |
| 01 | Psy-241 | | Health Issues in Health Psychology |
| 02 | Psy-244 | | Dissertation |
| Optional Paper | | | |
| 03 | Psy-242 | A | Clinical Psychopathology |
| | Or | | |
| | Psy-242 | B | Managerial Decision & Development |
| | Or | | |
| | Psy-242 | C | Counseling Assessment |
| | Or | | |
| | Psy-242 | D | Teaching Models and Techniques |
| 04 | Psy-243 | A | Psycho-Diagnostic Procedure & Technique |
| | Or | | |
| | Psy-243 | B | Approaches of Organizational Development |
| | Or | | |
| | Psy-243 | C | Special Area in Counseling |
| | Or | | |
| | Psy-243 | D | Counseling Process and Modern Area |

NORTH MAHARASHTRA UNIVERSITY, JALGAON

(Compulsory Paper)

M.A.PART-II

SEMESTER-III

Compulsory Paper

Health Psychology

Code: PSY-231

Total Marks: 60+40

Total periods-52

Objectives:

- 1) To acquaint the students with the psychological aspect of health.
- 2) To familiarize the students with the nature and need of health psychology.

Unit-1) Health Psychology: Basic Issues and Processes **13/15**

1.1: Meaning and nature of health Psychology, Mind-body relationship.-The need of health Psychology.

-The Bio-psychosocial model in health

Psychology. **1.2:** Health behavior:-Nature

-Changing health habits.

1.3: Cognitive behavioral approaches to health behavior change.-

The Transtheoretical model of behavior change.

-Research methods, Experiments, Co relational studies, Quasi-experimental studies, Genetic research,

1.4: Health enhancing behavior-Exercise.

Unit-2) The System of the body **13/15**

2.1: The Nervous System

-The Brain, The roll of neurotransmitters, Disorders of the nervous system. **2.2:** The endocrine system.

-Pituitary gland, Adrenal gland, -Diabetes

2.3: The cardiovascular

system-The heart

-Disorder of the cardiovascular system

-The structure and function of the respiratory system

2.4: The digestive system and the metabolism of food

-The functioning of the digestive system

-Disorder of the digestive system

Unit-3) Stress **13/15**

3.1: Experiencing stress in our lives.-

Definition of stress. -

Appraising events as stressors.

-Dimensions of stress.

3.2: Bio-psychosocial aspects of stress.-

Biological aspects of stress. -

Psychosocial aspects of stress.

3.3: Sources of stress.

- Sources within the person.
 - Sources in the family.
 - Sources in the community and society. **3.4:**
- Theoretical contributions to the study of stress.
- Fight-or-flight
 - Selye's General Adaptation Syndrome -Tend-and –Befriend.
 - Psychosocial appraisal and the experience of stress. (Delete the physiology of stress)

Unit-4) Coping with Stress and its management

13/15

- 4.1:** Coping with stress-
 - Meaning of coping
 - Functions and methods of coping
- 4.2:** Reducing the potential for stress
 - Social support
 - Personal control, Organizing one's own world better, Preparing for stressful events
- 4.3:** Stress Management
 - Need of stress management, Basic techniques of stress management, Stress management programs.
 - Medication, Behavioral and Cognitive methods, Meditation, Hypnosis.
- 4.4:** Applications: Using stress management to reduce coronary risk.

Internal Evaluation

| Internal Test | Internal Test | Seminar | Attendance |
|----------------------|----------------------|----------------|-------------------|
| 10 | 10 | 10 | 10 |

NORTH MAHARASHTRA UNIVERSITY, JALGAON

(Compulsory Paper)

M.A.PART-II

SEMESTER-IV

Compulsory Paper

Health Issues in Health Psychology

Code: PSY-241

Marks : 60+40

Total periods-52

Unit-1) Health related behavior and health promotion. 13/15

1.1: Health and behavior.

-What determines people's health related behavior?

1.2: Developmental, Gender and Socio-cultural factors in health.

1.3: Programs for health promotion.

1.4: The patient in the hospital setting.

-Interventions to increase control in hospital setting.

Unit-2) Heart disease, Diabetes, Cancer and AIDS 13/15
(Causes, Management and Coping)

2.1: Heart disease-(CHD) Meaning, Roll of stress, Health depression, Management of heart disease.

2.2: Hypertensions-measurement, causes, Stress and hypertension, Psycho-social factors and hypertension, Treatment, Problems in treating hypertension.

2.3: Diabetes-Types, health implication of diabetes, Problems in self-management in diabetes, interventions with diabetes, Special problems of adolescent's diabetes.

2.4: Cancer and AIDS Brief history of AIDS, Psychosocial impact of HIV infections, Intervention to reduce the spread of AIDS. Psychosocial factors that affect the course of AIDS. Cancer- Causes of cancer? Psychosocial factors and cancer mechanism linking stress- Coping and cancer. Adjusting to cancer, Psycho-social issues and coping with cancer.

Unit-3) Chronic illnesses and its management 13/15

3.1: Emotional response to chronic illness, Denial, Anxiety, Depression - Impacts of different chronic conditions-Asthma, Epilepsy,

Diabetes, Arthritis, Alzheimer's

3.2: Personal issues to chronic disease.

-Physical self, Achieving self, Social self, Private self.

3.3: Psychological intervention and chronic illness.

3.4: Rehabilitation and chronic illness.

Unit 4) Hospitalization, Death, and Future of Health Psychology. 13/15

4.1: The hospital- its history, setting and procedures.-Being hospitalized.

-Emotional adjustment in the hospital.

-Assistance of health psychologists to hospitalized patients.

4.2: Deaths

-Death across the life span. -

Psychological issues in advancing illness.

-Stages in adjustment to dying. -Problem of survivors.

4.3: Future of health psychology.

-Future Goals for health psychology. -
Issues and controversies for the future.

4.4: Future focuses in health psychology.-

Becoming a health psychologist.
-Trends for the future.

Internal Evaluation

| Internal Test | Internal Test | Seminar | Attendance |
|----------------------|----------------------|----------------|-------------------|
| 10 | 10 | 10 | 10 |

References -

- 1) Dimatteo, M R, Martin L.R. (2007).*Health Psychology*. Pearson education- New Delhi.
 - 2) Sarafino, S.P.&Smith, T.W. (2011).*Health psychology*. Wiley India, New Delhi.
 - 3) Taylor, S.E. (2006).*Health Psychology*. Tata McGraw Hill, Delhi.
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NORTH MAHARASHTRA UNIVERSITY, JALGAON

M.A. Part-II

Semester-III

Group A – Clinical Psychology

Psychopathology

Code No. : PSY – 232

Total Marks : 60+40

Total Hours : 52

Objectives :-

1. To acquaint students with various manifestations of psychopathology.
2. To impart knowledge and skills required for diagnosis of psychopathological conditions.
3. To introduce students to the different perspectives and models regarding the causation of mental illness and dysfunctional behavior and to highlight the contribution of these approaches to the pathogenesis of a wide range of mental and behavioral disorders.

Unit – 1. Sexual disorders and impulse control disorders (13/15)

- 1.1: Sexual cycle and sexual dysfunctions.
- 1.2: Gender identity disorder
- 1.3: Paraphilic disorders.
- 1.4: Sexual victimization, pedophilia

Unit – 2. Organic Mental Disorders (13/15)

- 2.1: Alzheimer's disease, Parkinson's disease
- 2.2: Epilepsy, delirium, Dementia
- 2.3: Vascular disease, Brain injury
- 2.4: Toxin induced disorders, Huntington disease

Unit – 3. Schizophrenic Disorders (13/15)

- 3.1: Disorganized, Catatonic
- 3.2: Paranoid, Undifferentiated
- 3.3: Residual, atypical
- 3.4: Sleep disorders

Unit – 4. Mental Disorders (13/15)

- 4.1: Attenuated psychosis syndrome, Caffeine disorder
- 4.2: Depressive episodes with hypomania
- 4.3: Internal gambling disorder
- 4.4: Suicidal Behavior Disorder, Theories.

Books –

- I. Alloy, L. B. Riskind, J. H., & Manoj, M. J. (2006). *Abnormal Psychology*. (9th ed.) Tata McGraw Hill, Delhi.
 - II. American Psychiatric Association – Diagnostic and Statistical Manual of Mental Disorders. (5th ed.)
 - III. Barlow, D. H. & Durand, V. M. (2007). *Abnormal Psychology*. (2nd ed.) Thomson – Wadsworth.
 - IV. Carson, R. C., Butcher, J. N., Mineka, S. & Hooley, J. M. (2007). *Abnormal Psychology*. (13th ed.) Pearson Education, India.
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SEMESTER – IV (Group A)
Clinical Psychopathology

Code No. : PSY – 242
Total Marks : 60+40
Total Hours : 52

| | | |
|------------------|--|----------------|
| Unit – 1. | Anxiety & Mood Spectrum disorders | (13/15) |
| | 1.2: Generalized anxiety disorders, phobic disorders. 1.2: Obsessive compulsive disorders, Depressive disorders. 1.3: Sleep, eating and sexual disorders 1.4: Neurotic spectrum disorders & mood disorders. | |
| Unit – 2. | Psychopathological Conditions | (13/15) |
| | 2.1: Psychotic spectrum disorders, schizophrenic 2.2: Schizoaffective disorders. 2.3: Neurocognitive disorders. 2.4: Other psychotic disorders. | |
| Unit – 3. | Psychopathological conditions of children | (13/15) |
| | 3.1: Disorders related to chronic medical conditions 3.2: Disruptive behavior disorders. 3.3: Intellectual deficits, learning related disorders. 3.4: Pervasive developmental disorders. | |
| Unit – 4. | Personality Disorders | (13/15) |
| | 4.1: Personality disorders. 4.2: Learning disabilities. 4.3: Conduct disorders. 4.4: Adjustment disorders. | |

Books for Reading:

1. Herson, M. (2004). *Comprehensive Handbook of psychological Assessment*. New York, Wiley International.
2. Adams, P. B. & Sutker, H. E. (2001). *Comprehensive handbook of psychopathology*. Springer, New York.
3. Flanagan, J. S. & Flanagan, R. S. (2012). *Clinical Interviewing*. (4th ed.) John Wiley & Co, New Jersey.

Reference:

- Millon, T. Blaney, P. & Davis, R. D. (1999). *Oxford textbook of Psychopathology*. Oxford University Press, UK.
- Davison G.C. and Neale, J. M. (2000). *Abnormal Psychology*. Wiley, New York.
- Barlow, D.H & Durand, V. M. (1999). *Abnormal psychology*. (2nd Ed.) Pacific Grove: Brooks/ Cole Publishing Company.
- Corner, R. J. (1995). *Abnormal Psychology*. (2nd edition). W.H. Freeman & Co, New York.
- Gleder, M., Gath, D., Mayou, R. & Cowen, P. (1996). *Oxford textbook of psychiatry*. (3rd Ed.), Oxford University Press.
- Kaplan, H. I., Sadock, B.J. & Grebb, J.A. (1994). *Kaplan and Sadocks synopsis of psychiatry :Behavioural sciences, clinical psychiatry* (7th Ed.), New Delhi.

Books for references

- American Psychiatric Association (1995). *Diagnostic and Statistical manual for mental disorders*. (4th edition). International version. Washington, DC: American Psychiatric Association.
 - Fauman, M.A. (1996). *Study guide to DSM-IV*. Jaypee Brothers, New Delhi.
 - Corner, R.J. (1995). *Abnormal Psychology*. (2nd edition), W. H. Freeman & co, New York.
 - Gelder, M., Gath, D., Mayo, L. R. & Cowen, P. (1996). *Oxford textbook of psychiatry* (3rd edition). Oxford University Press, Oxford.
 - Kaplan, H. I., Sadock, B. J. & Greb, J.A. (1994). *Kaplan and Sadocks synopsis of psychiatry: Behavioural sciences, clinical psychiatry*. (7th edition), B.I. Waverly Pvt. Ltd., New Delhi.
 - Sarason, I. G. & Sarason, B. R. (2008). *Abnormal Psychology- PHI Learning Private Ltd.* (11th Edition), New Delhi.
 - Carson, R. C. & Butcher, J.M. (2006). *Abnormal Psychology*. (13th Edition). Pearson Publication, New Delhi.
 - Hoeksema, S. N. (2004). *Abnormal Psychology*. (3rd Edition), TMH Publication, New Delhi.
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SEMESTER – III (Group A)
PSYCHO-DIAGNOSTICS THEORY

Code No. : PSY – 233

Total Marks : 60+40

Total Hours : 52

Objectives:-

To acquaint the students with:

1. Psycho-diagnostic procedures
2. Personality theories essential for understanding Psychopathology and Psychotherapies
3. Various Psychotherapeutic procedures

Unit 1) Classical psychoanalytic views (13/15)

- 1.1: Freud: Psychosexual development, anxiety theory, three stage model of mental illness distinction between Psychoses and Neuroses
- 1.2: Jung: Archetypes, principles of opposites, complex formation, theory of mental illness.

Unit 2) Psychoanalytic theories with socio-cultural emphasis (13/15)

- 2.1: Adler: Inferiority complex, striving for superiority social interest, theory of mental illness
- 2.2: Horney: Basic anxiety, neurotic needs
- 2.3: Sullivan: Dynamism; Personifications, and stages of Development, theory of Schizophrenia, Paranoia.

Unit 3) Learning, cognitive and phenomenological theory (13/15)

- 3.1: Dollard and Miller: Learning theory of abnormality
- 3.2: Roger's person-centered theory
- 3.3: Eysenck's three-dimensional theory
- 3.4: Kelly: Personal construct and clinical syndromes

Unit 4) Stresses and coping (13/15)

- 4.1: Theoretical models of stress
- 4.2: Stress and illness
- 4.3: Coping with stress
- 4.4: Stress – Sources of chronic stress.

SEMESTER – IV (Group A)
Psycho-diagnostics: Procedure & Techniques

Code No. : PSY – 243

Total Marks : 60+40

Total Hours : 52

- Unit – 1. Psycho-diagnostic Procedure I (13/15)**
1.1: DSM – V. Structured clinical interview – Definition and type, clinician version.
1.2: Cross – cutting symptom measure – Adult form.
Cross – cutting symptom measure – Child form
1.3: Clinician related dimensions of psychosis symptom severity.
1.4: WHO Disability Assessment Schedule.
- Unit – 2. Psycho-diagnostic Procedure II (13/15)**
2.1: Personality Inventory – EPQ – R, MMPI
2.2: Depression & Mania Measure – Beck’s Depression Inventory, Altman’s Self - Rating Mania Scale.
2.3: Anxiety & Anger Measure – Self Analysis Form, Spielberg State – Trait Anxiety Scale, Bnso& Perry Aggression Behavior Scale.
2.4: Intelligence measure – Wechsler’s Intelligence Scale for Children, Wechsler’s Adult – Intelligence Scale.
(13/15)
- Unit – 3. Psycho-diagnostic Procedure III**
3.1: Neuropsychological Test – Bender – Gestalt, Luria – Nebraska Neuropsychological Battery.
3.2: Projective Techniques, Rorschach’s IBT, Murray’s TAT, Children Apperception Test.
3.3: Diagnostic Test for special population – Nancy Bailey Scales of Infant and Toddler Development, Vineland Social Maturity Scale.
3.4: Intellectual Disability Assessment Techniques. Seguin Form Board, Raven’s Colored Progressive Matrices.
- Unit – 4. Cognitive Assessment and clinical report (13/15)**
4.1: Writing Clinical Report (5 Cases)
4.2: Psychosomatic condition assessment
4.3: Cognitive Impairment Assessment Techniques.
4.4: Family Conflict Assessment Techniques.

Books –

1. Sarason, I.G. & Sarason, B.R. (2005). *Abnormal Psychology*, Dorling Kindersley, New Delhi.
2. Carson, R.C., Butcher, J.N., Mineka, S. & Hooley, J.M. (2007). *Abnormal Psychology*. (13th ed.) Pearson Education.
3. Lezak, M.D. (1995). *Neuropsychological Assessment*. Oxford University Press, New York.

Books for reading: (For third and fourth Semester)

- Alloy, L.B. & Jacobson, N. S. (2008). *Abnormal Psychology: Current Perspectives*, McGraw-Hill College.
- Woman, B.B. (1975). *Handbook of Clinical Psychology*. McGraw Hill, New York.
- Sundberg, N.D., Winebarger, A.A. & Taplin, J.R. (2002). *Clinical Psychology: Evolving Theory, Practice and Research*. Upper Saddle River, N.J: Prentice Hall.
- Lezak, M.D. (1995). *Neuropsychological assessment*. Oxford University Press, New York.
- Corsini, R.J. & Wedding, D. (Eds) (1995). *Current psychotherapies*. Itasca, III: F.E. Peacock.
- Gelso, C.J. & Fretz, B.R. (1995). *Counseling Psychology*. Prism books, Bangalore.
- Woolfe, R. & Dryden, W. (Eds) (1996). *Handbook of Counseling Psychology*. Sage Publication, New Delhi.
- Stewart, I. (2000). *Transactional Analysis Counseling in Action*. Sage Publication, London.
- Beck, A.T. (1976). *Cognitive therapy and behavior disorders*.
- Watts, A.W. (1973). *Psychotherapy East and West*. Penguin books, London.
- Rama, S., Ballentine, R. & Ajaya, S. (1976). *Yoga and Psychotherapy*. Hinsdale International Inst.
- Claridge, G. & Davis, C. (2003). *Personality & Psychological Disorders*. Arnold, Hodder Headline group, London.

Books for reference:

- Ajay, S. (1989). *Psychotherapy: East and West*. Hinsdale, Penn: Himalayan International Inst.
- Ellis, A. & Harper, A. (1975). *A new guide to rational living*. Englewood cliffs, N.J.: Prentice Hall.
- Verma, L. (1990). *The Management of Children with Emotional and Behavioral Difficulties*. Routledge, London.
- Kapur, M. (1995). *Mental health of Indian children*. Sage, New Delhi.
- Kellerman, H. & Burry, A. (1981). *Handbook of Diagnostic Testing: Personality Analysis and Report Writing*. Grune & Stratton, New York.
- Rycklak, F. (1973). *Introduction to Personality and Psychopath*. Houghton Mifflin, New York.

INTERNAL 40 MARKS EVALUATION FOR SEM – IIIrd

In the first semester 40 marks evaluation has to be done on the following basis:

Clinical Group: - One month internship in any mental health clinic and submit the report for external experts' observations.

- **Note:** Visit Report or Clinic Report is in own handwriting either typed.

INTERNAL 40 MARKS EVALUATION FOR SEM – IV.

Clinical Group: - Visit MR & Other Institute & Arrange Group Discussion on it.

NORTH MAHARASHTRA UNIVERSITY, JALGAON
SYLLABUS FOR M.A.II (SEMESTER PATTERN)
WITH EFFECT FROM JUNE -2015

M.A. Part-II

Semester-III

Group B – Industrial Psychology
PERSONNEL SELECTION & EVALUATION

Code No. : PSY – 232

Total Marks : 60+40

Total Hours : 52

Objectives:-

1. To acquaint the students with application of Psychological Principles to Personnel Practices.
2. To acquaint the Students with the Scientific Use of techniques of dealing with personnel problems.

Unit 1) Framework of personnel decisions –

- 1.1 Nature, Scope & functions of Personnel — Psychologist. **13 / 15**
- 1.2 Utility theory.
- 1.3 A system view of personnel Psychology
- 1.4 Personnel Psychology; Current Practices and immerging Trends.

Unit 2) Job analysis

- 2.1 Nature, purpose & uses of Job analysis **13 / 15**
- 2.2 Methods of Job Analysis, Traditional — Individual & group interview, observation checklist. Questionnaire, work participation, technical conference, diary method, Critical incident technique.
- 2.3 Managerial Job analysis.

Unit 3) Job evaluation

- 3.1 Definition, purpose & uses of Job evaluation. **13 / 15**
- 3.2 Method of Job evaluation - Analytical & non - analytical method.
- 3.3 Installation of Job - evaluation System.

Unit 4) Personnel selection.

- 4.1 Recruitment & selection, Recruitment planning. **13 / 15**
 - 4.2 Methods of Recruitment.
 - 4.3 Personnel selection methods — interview, psychometric tests, references. Bio-data work, sample lists, Hand-writing analysis, Assessment centers.
 - 4.4 The purpose of selection-key elements, reliability & validity.
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SEMESTER – IV (Group B)

MANAGERIAL DECISION & DEVELOPMENT

Code No. : PSY – 242

Total Marks : 60+40

Total Hours : 52

Unit 1) Decision making for selection.

13 / 15

1.1 Traditional approach.

1.2 Alternative prediction models — [[multiple regression model. multiple cut – off model, multiple hurdle model.

1.3 Evaluating selection efficiency selection ratio, the base rate utility assumptions.

Unit 2) Training & development.

13 / 15

2.1 Training, Development & education.

2.2 Identifying Training needs.

2.3 Methods of Training.

2.4 Evaluating training programs.

Unit 3) Managerial decision making.

13 / 15

3.1 Classical decision making steps, assumptions of classical

3.2 Theory, assessment of classical theory.

3.3 Behavioural theory of decision making, bonded rationality, procedure rationality.

3.4 Group decision-making. quality of decisions, group think, alternative group techniques.

Unit 4) Managerial job-stress.

13 / 15

4.1 Nature of job-stress, sources of job-stress.

4.2 Consequences of Job-stress.

4.3 Coping with Job-stress.

4.4 Role of organizational in minimizing stress.

Books for reading. (For third and fourth Semester)

1. Casio W. F. (1987). *Applied Psychology in Personnel Management* (4th Ed.) Prentice Hall, USA.
2. Decen, D.A. & Robbins, S. P. (1988). *Personnel Holman Resource Management*.t (3rd Ed.) Prentice Hall, USA.
3. Arnold. B. J & Feldman, Daniel (1986). *Organizational Behavior.*, USA McGraw Hill. Lvancevich, J. M.&Glueek, N. F. (1983). *Foundation of personnel / Human Resources Management.*, Plane, Taxes, USA Business Publication INC.

Books for the References

- 1) Blacker & Shimmin, S. (1984). *Applying Psychology in organization*. London.
 - 2) Corlett, F. N. & Richardson, J. (1981). *Stress Work Design & Productivity* Chichester, England, John Wiley & sons.
 - 3) Hackman & Oldham (1980). *Work-design*. Wesley, Philippines Addison.
 - 4) McCovmic, E. J. & Jtgan, D. (1980). *Industrial Psychology*. (7th Ed.) George Allen & Unwin.
 - 5) Pareek, U. & T. Rao, V. (1986). *Designing & Meaning Human Resources System*, Oxford, New Delhi.
 - 6) James, C. & Jonathen, D. (1984). *Organizational Stress & Preventive Management*. McGraw Hill, New York.
 - 7) Rao T. V. (Edr) (1988). *Alternative Approaches & Strategies of HRD*. IncieRawat Publications, Jaipur.
 - 8) Taylor, B. & Lippitt, G. (Eds.) (1983). *Management Development & Training Handbook*. (2nd Ed.) McGraw Hill, U.K.
 - 9) Landy, F.J., Conte, J.M. (2005). *An Introduction to industrial & Organization Psychology*. McGraw Hill Companies, New Delhi.
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NORTH MAHARASHTRA UNIVERSITY, JALGAON
M.A. Part-II
Semester-III (Group B)
INDUSTRIAL WORK MOTIVATION & HUMAN RELATIONS

Code No. : PSY – 233

Total Marks : 60+40

Total Hours : 52

Objectives: -

To acquaint the students with -

1. Theoretical formulations and applications of behavioral processes in organizations.
2. Organization development.

Unit 1) Work Motivation.

13 / 15

- 1.1 Nature and process of work motivation.
- 1.2 Application of n Ach model, O. B. Model.
- 1.3 Content theories of work motivation — Maslow's Theory, Herzberg's two factor theory, Adlerse ERG Theory, McClelland's nAch theory.
- 1.4 Process theories of work motivation — VIE model. Smith and Granny model, Porter-Lawlar Model, Quality of work life (QWL) approach, Hackman and Oldhams job characteristics model.

Unit 2) Organizational Morale.

13 / 15

- 2.1 Definitions of morale, Differences among morale, motivation and job satisfaction-Indicators of morale.
- 2.2 Methods of measuring morale — Questionnaires, counseling interview. Exit interview, content analysis, sociometry
- 2.3 Determines of morale, improving morale.
- 2.4 Research studies on morale, productivity and job-satisfaction.

Unit 3) Communication and Power in Organization.

13 / 15

- 3.1 Definition of communication, Barnard's contribution modern perspective
- 3.2 Communication Technology — Management information systems (MIS) Telecommunications, Telecommuting.
- 3.3 Non-verbal Communication, Interpersonal communication, important variables in interpersonal Communication. Downward & Upward communication and their ways of improving communication.
- 3.4 The meaning of power. The distinctions among power, Authority and Influence. The classification of power, contingency approaches to power.

Unit 4) Organizational conflicts.

13 / 15

- 4.1 Intra-individual conflict — Intra-individual forms of conflict & their analysis in terms of the frustration model, goals & roles.
 - 4.2 Interpersonal conflict — sources of interpersonal conflict Analyzing Interpersonal conflict. Strategies for interpersonal conflict resolution.
 - 4.3 Inter-group behavior & conflict — intergroup behavior in organizations, Antecedents to intergroup conflict. The impact of, and strategies for, intergroup conflict.
 - 4.4 Organizational conflict — structured conflict. The role of conflict in today's Organizations.
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SEMESTER – IV (Group B)
APPROACHES OF ORGANIZATIONAL DEVELOPMENT

Code No. : PSY – 243

Total Marks : 60+40

Total Hours : 52

- Unit 1) Organization Development.** **13 / 15**
- 1.1 Nature and History of organizational development.
 - 1.2 Criteria of Organizational Development.
 - 1.3 Underlying assumptions and values.
 - 1.3 The history of O.D. The laboratory Training stem. The survey research & feedback stem, the action research stem. The socio-clinical stem.
- Unit 2) Foundation of Organization Development.** **13 / 15**
- 2.1 Models and Theories of planned change.
 - 2.2 Forces of change cycles, A normative — reductive strategy of changing.
 - 2.3 Resistance of change, Diagnosis for change.
 - 2.4 Strategies for planning & implementing change.
- Unit 3) Managing the OD Process.** **13 / 15**
- 3.1 Diagnostic methods.
 - 3.2 Dimensions of OD.
 - 3.3 Managerial dimensions of data collection.
 - 3.4 Developments in research on OD, Fundamental strengths and weaknesses of OD.
- Unit 4) Research & Approaches to OD-** **13 / 15**
- 4.1 Assessing the effects of OD. Some issues & problems
 - 4.2 Survey feedback, process consultation, team building
 - 4.3 Laboratory Training approach, Transactional analysis approach, Socio Technical system.
 - 4.4 OD interventions — Intergroup & third party peace making interventions, organization mirror interventions, Role analysis technique, Role Negotiation technique, Behavior, modeling,

Books for reading - (For third and fourth Semester)

- Luthans, F. (1985). *Organizational Behaviour*. (10th Edn). McGraw Hill, New York.
- Rao. V. S. P. & Navayana, P. S. (2004). *Organization Theory & Behaviour* (2nd Ed.) Konark Publisher Pvt. Ltd
- Heisey & Blanchard, K. A. (1982) *Management of organizational behaviour utilizing Human Resources*, Prentice Hall! Recent edition)
- Robbins, S. P. (1985). *Organizational Behaviour Concept & Applications*. (2nd Ed.), Prentice Hall India, New Delhi. Helloran — Applied Human relation (PPH India).
- Mc-Gill M. E. (1977). *Organizational Development for Operating Managers*. A Division of American Management Association, New York.
- Pandit, K. (2010). *Organizational Behaviour*, Generation Next Publication, New Delhi.

• **Books for Reference-**

- Arnold, H. J. & Feldman, D. C. (1986). *Organizational Behaviour*. McGraw Hill, New York.
- Blum, M. C. & Naylor, J. C. (1968). *Industrial Psychology Its nature & social foundations*, Harper & Raw, New York.
- Cooper, C. L. & Robert, L. T. (Eds.) (1988). *Industrial Review of Industrial & Organizational Psychology*, John Weley, New York.
- Durbin, J. (1982). *Contemporary Applied Management*. USA Business publications, Texas.
- Hackman and Oldham (1980) *Work Design*. Philippines. Addison- Wesley.
- Herbert T.T. (1976) *Dimension of Organizational behaviour*, Macmifian, NewYork.
- Levinson H. etal (1981) *Organizational Diagnosis* Massachusetts, Harvard University Press.
- Margulies, N.& Raja, A. P. (1975). *Organizational Development VajesProcess &Technology*, Tata McGraw Hill, New Delhi.
- Mirvis, P. H. & Berg, D. N. (Edn.) (1977). *Failures in 00 &Change — Cases &Essays for Leaving*, John Wiley, USA.
- Mystrom, P. C. & Starbuck, W. H. (Eds.) (1981). *Handbook of Design*. Oxford University Press, London.
- O'Briem, R. M. (Eds.) (1982). *Industrial BehaviouralBodification&Rnandt*. JerneniHandbook Pevgaron Press Inc, USA.
- Organ D. W. & Bateman (1986) *Organizational Behaviour — AnApplied Psychological Approach*. (3rd Ed.) Piano. USA Business Publication, Taxes.
- Pareek, U. (1981). *BehaviouralProcess In Organization*. Oxford & IBM, New Delhi.
- Pareek, U.&Rao, T. V. (1986). *Designing & Managing Huma Resources Systems*. Oxford & IBM, New Delhi.
- French, W.L. & Bell, C. H. Jr. (1980). *Organizational Development Behavioural Science Interventions For Organization Improvement*. (5th Ed.) Prentice Hall, New Delhi, India.
- French, W.L. (2002). *Organization Development Theory Practice & Research* (3rd Ed.)

INTERNAL 40 MARKS EVALUATION FOR SEM – IIIrd

In first semester 40 marks evaluation done on the following basis:

Industrial Group: - Minimum two industrial visits and submission of the report.

(for external experts Observations.)

INTERNAL 40 MARKS EVALUATION FOR SEM – IV

Industrial Group: - Advertisement and its technique & Arrange Group Discussion on it.

NORTH MAHARASHTRA UNIVERSITY, JALGAON

M.A. Part-II

Semester-III

Group C – Counseling Psychology

Counseling Process & Content

Code No. : PSY – 232

Total Marks : 60+40

Total Hours : 52

Objectives:-

1. To familiarize students with the nature and process of counseling.
2. To acquaint students with various assessment techniques.
3. To expose the students to the various types of intervention strategies.

Unit – 1. Scope & Fundamentals of Counseling Psychology (13/ 15)

- 1.1 Nature and Meaning of Counseling.
- 1.2 Goals and Types of counseling.
- 1.3 Preparations and Interaction of counseling, Characteristics of effective counselor.
- 1.4 Dimensions of counselor functioning, Ethical and Legal guideline for counselor.

Unit – 2. Process and Approach of Counseling (13 / 15)

- 2.1 Stages of Counseling Process, Building the Counseling Relationship.
- 2.2 Variable affecting the counseling process, Portrait of an affective counselor
- 2.3 Directive and humanistic approach, behaviouristic & eclectic approach to counseling.
- 2.4 In-depth exploration — challenging skills, disclosing skills, referral identifying unhelpful thinking.

Unit – 3. Skills of Counseling (13 / 15)

- 3.1 Building the counseling relationships — the core conditions of counseling.
- 3.2 Listening skills — using body language, paraphrasing, reflecting feelings
- 3.3 Questioning skills — types of questions, dealing with reluctant and resisting client.
- 3.4 Feedback skills — monitoring skills, interpretation, role-playing.

Unit – 4. Behavioral assessment and report writing (13 / 15)

- 4.1 Definition, goals and applications of behavioral assessment.
- 4.2 Methods of behavioral assessment interviews, questionnaires behavioral rating scales.
- 4.3 Self-monitoring, assessment of non-verbal behavior, visual interaction, Paralinguistics, facial expressions.
- 4.4 Written communication about clients, aims and objectives of record keeping, composition of clients file.
- 4.5 Sessional note — taking, verbatim, writing a case-study, genogram, writing a process report, letter writing.

SEMESTER – IVTH (Group C)
Counselling Assessment

Code No. : PSY – 242
Total Marks : 60+40
Total Hours : 52

Unit – 1. Client assessment (13 / 15)

- 1.1 Assessment of intelligence - Individual tests - The Wechsler scales / Binnetkamat .
- 1.2 Group tests of intelligence — Culture Fair Intelligence Test, SPM, CPM, APM.
- 1.3 Intellectual assessment of special population - Draw a Person test.
- 1.4 Non-standardized Techniques for Human Assessment- Rating Scales, Anecdotal Reports, Autobiography, Questionnaire

Unit – 2. Standardized Techniques for Human Assessment (13 / 15)

- 2.1 Aptitude Test – DAT, DBDA (Davis battery differential aptitude)
- 2.2 Interest Test- Multi- factor interest test and others
- 2.3 Achievement Test – Teacher made achievement test, omnibus achievement tests and specific subject achievement tests.
- 2.4 Personality – CPQ, HSPQ, 16 PF, Big five factor

Unit – 3. Counseling Approaches & Therapies (13 / 15)

- 3.1 Psychodynamic approach — Adlerian Therapy, Jung’s Analytical Psychology, Freud’s Psychoanalytic Therapy.
- 3.2 Cognitive-behavioral approach: Cognitive Therapy of Beck, Personal Construct Therapy of Kelly
- 3.3 Behavior therapy techniques (1) - Operant conditioning, Desensitization and Flooding.
- 3.4 Rational Emotive Behavioural Theory of Ellis.
- 3.5 Behavior therapy techniques (2) - Assertiveness and social skills training modeling, self-control procedures

. Unit – 4. Adjunctive Therapies (13 / 15)

- 4.1 Play therapy
- 4.2 Hypnotherapy
- 4.3 Art therapy.
- 4.4 Dance & Music therapy,
- 4.5 Yoga and Vipassana

Books for Reading: (For third and fourth Sem)

- Feitham, C.& Horton, I. E. (Ed.) (2006). *The Sage handbook of Counseling and Psychotherapy*. (2nd ed.) Sage Publication, London.
- Gibson, R. I. Mitchell, M.H. (2005). *Introduction to Counseling and Guidance*. (6th ed.) Pearson education Pvt. Ltd., Delhi.
- Gelso, C.J. & Fretz, B.R. (1995). *Counselling Psychology*. Prism books Pvt. Ltd., Bangalore.
- Gregory, R. J. (2005). *Psychological Testing*. (4th Ed) Pearson education Pvt. Ltd., Delhi.

Books for References:

- Rao S. N. (2006). *Counselling and Guidance*. (2nd Ed) Tara McGraw- Kill Publishing Co. Ltd., New Delhi.
 - Patterson, L. E. & Welfel, E.R. (2000). *The Counselling Process*. (5th Ed.) Wodsworth/Thornson Learning, Belmont.
 - Nelson, R. (2000). *Introduction To Counselling Skills, Text And Activities*. Sage Publication, London.
 - Cohen, R. J. Swerdlik, M. E. (2005). *Psychological Testing And Assessment*. (6th ed.) McGraw-Hill, Delhi.
 - Bor, R. Watts, M. (Ed.) (2000). *The Trainee Handbook*, Sage Publication, London.
 - Hecker I.E. & Thorpe, G.L. (2005). *Introduction to Clinical Psychology, Science, Practice and Ethics*, Pearson education, Delhi.
 - Biggs, P. & Blocher, D. (1987). *Foundation of Ethical Counselling*. N.Y.: Springer.
-

SEMESTER – III (Group C)
Modern Career Counseling

Code No. : PSY – 233
Total Marks : 60+40
Total Hours : 5

Objectives:-

1. To expose the students to the application of counseling in various fields.
2. To acquaint the students with various problems of adjustment across the life-span.

Unit 1) Nature and Scope of Career Counseling:

(13/15)

- 1.1 Meaning and Definition, Terminology in career counseling
- 1.2 Challenges of career counseling.
- 1.3 Ethical and moral issues in career counseling
- 1.4 Training and Supervision of career counseling.

Unit 2) Career Counseling: Present Trends and Future Direction

(13/15)

- 2.1 Stages in Career Counseling: Self-discovery, understanding the nature of work, career alternatives.
- 2.2 Career Counseling and the Development of Human Potential.
- 2.3 Present Trends in Career Counseling
- 2.4 Future Direction in Career Counseling

Unit 3) Approaches and Theories of Career Counseling

(13/15)

- 3.1 Holland's Theory
- 3.2 Super's Developmental Approach
- 3.3 Accident Theories- Chance Encounters, Preparation and planning, Culture and social class boundaries
- 3.4 Gottfredson Model of Occupational Aspiration.

Unit 4) Career Counseling of Educations

(13/15)

- 4.1 Career Counseling of Primary and High school.
- 4.2 Career Counseling of Higher Education.
- 4.3 Career Counseling of learning disabled, Academic under-achievers
- 4.4 Career Counseling for women, Dual career couple

SEMESTER – IV (Group C)
Special Areas in Counseling

Code No. : PSY – 243
Total Marks : 60+40
Total Hours : 52

Unit – 1. Counseling For Physically and Mentally Challenged Children and Adolescents (13/15)

- 1.1 Emotionally Disturbed Children; characteristics, assessment, measures and treatment.
- 1.2 ADHD: diagnosis, types, causes, treatment.
- 1.3 Slow Learners: definitions, types, causes, identification and diagnosis, treatment.
- 1.4 Mentally Retarded; definition and characteristics, identification, classification, causes and treatment.

Unit – 2. Counseling for HIV/AIDS victims and terminal illness (13/15)

- 2.1 HIV/AIDS; Orientation, Pre-test and Post-test Counseling.
- 2.2 Anger Control: Nature and Symptoms, anger and its Associated Problems and Treatment
- 2.3 Handling suicides and Para suicides. : Nature, Definition and types, Sociological and Psychological Explanation, Suicide Potentiality and Presentation.
- 2.4 Counseling for psychosomatic problems

Unit – 3. Counseling at Work Place: Nature and Skills. (13/15)

- 3.1 Occupational Stress and Counseling. : Meaning and Types, Causes- Extra-organizational Stressors, Organizational stressors, Group Stressors, Individual Stressors; Coping strategies for occupational stress.
- 3.2 Geriatric Counseling: Pre- retirement and retirement counseling; Old age adjustment strategies.
- 3.3 Counseling - Sports Anxiety. : Definition, Anxiety and Personality.
- 3.4 Affect of anxiety on performance, types of Sports anxiety, Coping Strategies.

Unit – 4. Family and Group Counseling. (13/15)

- 4.1 Premarital Counseling: Nature, Important factors in selecting a mate, Counseling methods and Principles.
- 4.2 Marital Counseling: Factors Related to Good Marital Adjustment
Psychosomatic condition assessment.
- 4.3 Group guidance activities.
- 4.4 Multicultural counseling

Books for Reading: (For third and fourth Sem)

- Berk, L.E. (2003). *Child Development*. (6th Ed.) Prentice Hall of India, Delhi.
- Mash, U. & Wolfe, D.A. (1999). *Abnormal Child Psychology*. Belmont: Brooks/Cole. Wadsworth.
- Papalia, D.E. & Feldman, R.D. (2004). *Human Development*. (9th Ed.) Tata McGraw-Hill, Delhi.
- Gelso, C.J. & Fretz, B.R. (1995). *Counselling Psychology*. Prism books Pvt. Ltd., Bangalore.
- Gibson, R. L. & Mitchell, M.H. (2003). *Introduction to Counselling and Guidance* (6th Ed.) Pearson Education Nag, Delhi.
- Arulmani, G. & Arulmani, S. (2004). *Career Counselling: A Handbook*. Tata-McGraw-Hill Publishing Co. Ltd., New Delhi.
- Patterson, L. E. & Welfel, E.R. (2000). *The Counselling Process*. (5th Ed.) Wadsworth Thomson learning, Belmont.
- Rao, S.N. (2006). *Counselling And Guidance*. (2nd Ed.) Tata McGraw-Hill, Delhi.

- Ferthan C. Horton I. (ed.) (2006) The sage handbook of Counseling and Psychotherapy (2 ed.) London : Sage Publications.
- Hecker J.E. Thorpe G.L. [2005] Introduction to Clinical Psychology, Science practice & Ethics, Delhi : Peatson Education.
- Candis, J. & Landis M. [1977]. Building a successful marriage. New Jersey: PtenticeHall.

Reference books:

- Kochhar, S.K. (1991). *Guidance and Counselling in Colleges and Universities*. Sage Publication, New Delhi.
- Crites, J.O. (1981). *Career Counselling Models: Methods and Materials*. McGraw-Hill, New York.
- Palmer, S. (2002). *Multicultural Counselling :A Reader*.Sage Publication, London.
- Cotton, R.R. &Tarvydas, V.M. (1998). *Ethical and Professional Issues in Counselling*. Merrill-Prentice Hall International, London.
- Asch, M. (2000). *Principles of Guidance and Counselling*. Sarup& Sons, New Delhi.
- Lines, D. (2002). *Brief Counselling in School : Working with Young People*. Sage Publication, New Delhi.
- Nayak, A.K. &Rao, V. K. (2002). *Guidance and Counselling*. A.P.H. Publishing Corporation, New Delhi.
- Shah, R. K. (2003). *Vocational Counselling*. Pointer Publishers, Jaipur.
- Mishra, R. C. (2004). *Guidance and Counselling*.A.P.H. Publishing Corporation, New Delhi.
- Kaila, H.L. (2006). *CounsellingPsychology*. The Associated Publishers, Ambala.
- Jenkins, P. (Ed.) (2002).*Legal Issues in Counselling and Psychotherapy*. Sage Publication, New Delhi.

INTERNAL 40 MARKS EVALUATION FOR SEM – IIIrd

In first semester 40 marks evaluation done on the following basis :

Counseling Group: - One month internship in any counseling center or mental health clinic andsubmit the report with case wise. Minimum three cases are essential.

- **Note:** Visit Report or Clinic Report is in own handwriting either typed.

INTERNAL 40 MARKS EVALUATION FOR SEM – IVth

Counseling Group: - Visit MR & Other Institute & Arrange Group Discussion on it. Any fourPsychotherapy and its application in counseling & Arrange Group Discussion on it.

M.A. II Psychology
SEMESTER – III
Group D : Educational Psychology
THEORIES OF HUMAN RESOURCE DEVELOPMENT

Code No. : PSY – 232

Total Marks : 60+40

Total Hours : 52

Objectives :-

To acquaint the students with

1. Model of HRD
2. Nature of abilities, individual differences and applications.
3. Role of teacher in HRD.
4. To teach exceptional.

Unit 1) Human resource development **13 / 15**

- 1.1 Meaning – nature – fields of educational psychology.
- 1.2 HRD basic concept.
- 1.3 Relevance of HRD in educational setting.
- 1.4 Role of individual and groups difference in HRD.

Unit 2) Model of learning **13/ 15**

- 2.1 Gagne – Cumulative model
- 2.2 Burner – Learning by discovery
- 2.3 Ausubel – Expository teaching
- 2.4 Bloom – Mastery approach
- 2.5 Information Processing Approach

Unit 3) Learning theories **13/ 15**

- 3.1 Hull Theory
- 3.2 Tolman's theory
- 3.3 Skinners approach
- 3.4 Guthrie theory
- 3.5 Banduras theory

Unit 4) Theories of human abilities **13/15**

- 4.1 Spearman Thurston Guilford model
- 4.2 Matarzzo'sneuro science theory
- 4.3 Sternbergs hierarchy theory of intelligence
- 4.4 Verno's theory
- 4.5 Creativity, creative person – abilities

SEMESTER – IV (Group D)
TEACHING MODELS & TECHNIQUES

Code No. : PSY – 242

Total Marks : 60+40

Total Hours : 52

- Unit 1) Education to handicaps** **13 / 15**
- 1.1 Sensory handicaps – visual – auditory
 - 1.2 Motor – speech handicaps
 - 1.3 Physically handicapped children – learning disturbances, autism, hyperactive reaction – un socialized aggressive run away reaction.
 - 1.4 Rehabilitation of disabled Psycho Educational assessment (Gifted and disabled)
 - 1.5 Banduras theory
- Unit 2) Characteristics of teacher and teaching models** **13 / 15**
- 2.1 Personal professional development.
 - 2.2 Effective teaching and teaching models. * Characteristics of good teachers. * Effective teaching with different subjects. * Effective teaching with different students.
 - 2.3 Teaching – models – cognitive hierarchical – intellectual – basic teaching.
- Unit 3) Instructional strategies and techniques** **13 / 15**
- 3.1 Teacher centred
 - 3.2 Class centred
 - 3.3 Student centred
- Unit 4) Classroom Management** **13 / 15**
- 4.1 Physical design of the class room
 - 4.2 The goals of class room, planning for good management
 - 4.3 Maintaining effective management, Need for communication
 - 4.4 Management and importance of extra curricula activities for development.
 - 4.5 Creativity development through managements

Books for Study and References (For third and fourth Semester)

- 1) Woolfolk, A.(1999). *Educational Psychology*.
 - 2) Tarachan, R. P. (1997). *Advance Education psychology*. Kanishka Publication
 - 3) Shank, W. H. (1975). *Psychology and Exceptional Children*. Prentice Hall Telfors
 - 5 4) C. Sawrey, J. H. (1972). *The exceptional individual*. Prentice Hall
 - 4) Cruisch&Johson (1989). *Revised Education of Exceptional Children and youth*. Prentice Hall
 - 6 5) Hayes, N. (1994). *Foundation of Psychology*. Routledge, London.
 - 6) Khandwale, P. (1995). *Fourth Eye Excellence through Creativity*. Wheller publication. Carson, R.C. & Butcher, J.N. (1992). *Psychology – The science of Behaviour*. Allyn& Bacon.
 - 7) Feldman, R. S.(1999). *Understanding Psychology*. (5th Ed) I.U.H. Publication.
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SEMESTER – III (Group D)
FUNDAMENTAL OF COUNSELING & GUIDANCE

Code No. : PSY – 233

Total Marks : 60+40

Total Hours : 52

Objectives :-

To acquaint the students with

1. Practical application for guidance
2. Counseling to others
3. Develop theoretical depth of students
4. Prepare them for self-employment
5. To develop them for practical approaches

Unit 1) Nature and scope of guidance **13 / 15**

- 1.1 Meaning – function – models of guidance
- 1.2 Occupational guidance
- 1.3 Types of guidance
- 1.4 The potential of man and guidance

Unit 2) Problems of guidance for individual and group level **13 / 15**

- 2.1 Adjustments to different stages of life span
- 2.2 Problems of different stages
- 2.3 Problems of water section
- 2.4 Problems if national, social, family, human security

Unit 3) Appraisal in guidance **13 / 15**

- 3.1 Achievement and aptitude
- 3.2 Personality inventories
- 3.3 Interest and values
- 3.4 Projective test, situational - rating
- 3.5 Guidance of primary, secondary college level

Unit 4) Counseling psychology **13 / 15**

- 4.1 Nature – Scope – related field
 - 4.2 Special problems and counseling – adolescent, adults, middle - hood – aged – widows – destitute – single parent families – childless couples – migrants – unemployed.
 - 4.3 Interdisciplinary approach – Sociology – Psychology – religion – economics philosophy.
 - 4.4 Present status of counseling and guidance in India modern trends.
-

SEMESTER – IV (Group D)
COUNSELLING PROCESS & MODERN AREAS

Code No. : PSY – 243

Total Marks : 60+40

Total Hours : 52

Unit 1) Counseling process- 13 / 15

- 1.1 Preparation for counseling
- 1.2 Counseling contents and process
- 1.3 Steps in counseling, Counselor relationship, teaching experience
- 1.4 Counseling interaction, Characteristics of good counselor
- 1.5 Role of counselor, Future application for counseling

Unit 2) Group Counseling and status 13 / 15

- 2.1 Models of counseling
- 2.2 Values of counseling
- 2.3 Groups – meaning – function
- 2.4 Types of groups. Works – Study – Training, Social.

Unit 3) Counseling to special area 13 / 15

- 3.1 Primary, High school and College level
- 3.2 Marital – sexual, vocational, community
- 3.3 Needs of counseling to area
- 3.4 Uses of counseling to special area
- 3.5 Counseling to handicapped, disadvantages

Unit 4) Counseling to applied areas 13 / 15

- 4.1 Family – children – parent counseling
- 4.2 Delinquents - Juvenile delinquency
- 4.3 Weaker section, child labour, divorced, rural, urban, and tribal
- 4.4 Marriage – women, youth and related aspects.
- 3.6 Reluctant clients – Drug addict

Books for Study and References (For third and fourth Semester)

- Jones A. J. (1997). *Principles of Guidance*. TMH.
- Rao, N. (1992). *Counselling Psychology*. TMS.
- Rao, N. (1995). *Counselling and Guidance*. TMH.
- Fullman, B. (1998). *Counselling – Content – Process*. Tempson Press, New Delhi.
- Fullman, B. (1999). *Principles of Guidance*. Allied, Publication.
- Shertzer, S. (1986). *Fundamentals of Guidance*. (4th Edition) Houghton Mitten, Boston.

INTERNAL 40 MARKS EVALUATION FOR SEM – III

In first semester 40 marks evaluation has to be done on the following basis :

Educational Group: - Visit to remand home & report in details.

- **Note:** Visit Report or Clinic Report is in own handwriting either typed.

INTERNAL 40 MARKS EVALUATION FOR SEM – IV

Counseling Group: - Exceptional children home visit and arrange group discussion on it.

SEMESTER – III
(Compulsory Paper)
RESEARCH METHODOLOGY

Code No. : PSY – 234

Total Marks : 60+40

Total Hours : 52

OBJECTIVES – To acquaint the students with:

1. The basic research concepts
2. Steps in research process
3. The basic terminology of advanced research techniques

UNIT-1 Research process and designs (13/15)

- 1.1 Types of variables, sampling techniques and investigation
- 1.2 Experimental design- Definition, Principles and control of variance
- 1.3 Between group research design- Single group design, two group design
- 1.4 Factorial design- Simple factorial design, multi-factorial design
- 1.5 Analysis of covariance

UNIT-2 Methods of Research (13/15)

- 2.1 Survey method – Interview, Questionnaire, Observation, Case-study
- 2.2 Testing Hypothesis-Difference between means, correlation coefficient, null hypothesis
- 2.3 Methods of data collection- Testing instruments and procedures
- 2.4 Ethical issues in psychological testing-Test administration, rapport, test anxiety, communicating test results, testing and civil rights of minorities.

UNIT -3 Multivariate Data Analysis (13/15)

- 3.1 Factor Analysis – Nature, concepts in factor analysis
- 3.2 Factor analysis, regression analysis and cluster analysis
- 3.3 Steps of factor analysis
- 3.4 Techniques of factor analysis
- 3.5 Multiple regression- canonical and discriminate analysis

UNIT -4 Report writing (13/15)

- 4.1 Scientific communication
- 4.2 Preparing research proposal- APA style
- 4.3 Research report – Report writing steps, Report structure, report writing style, report typing
- 4.4 Evaluation of report

References-

1. Anastasi, A. (1990). *Psychological Testing*. McMillan
2. Kerlinger, F.N. (1994). *Foundations of Behavioural Research* (3rd ed.)
3. Goodwin, J. (2009). *Research in psychology: Methods in Design*. (6th ed.) Wiley.
4. Shaughnessy, J.J. & Zechmeister, E.B. (1997). *Research Methods in Psychology* (4th ed.)
5. Edward, A.L. (1985). *Experimental Designs in Psychological Research*, Harper and Row
6. Singh, A.K. (2006). *Tests, Measurement and Research Methods in Behavioural Sciences*. Bharti Bhavan. Patana.
7. Gregory, R. J. (2008). *Psychological Testing- History, Principles and Applications*.
8. Borude, R. R. (2008). *Research Methodology*. Pune vidyarthiGruhPrakashan, Pune.

Internal Examination – 40 marks

| Test 1 | Test 2 | Attendance | Seminar |
|--------|--------|------------|---------|
| 10 | 10 | 10 | 10 |

Semester- IV
(Compulsory Paper)
Dissertation

Code No. : PSY – 244
Total Marks - (60+40)

1. Project assessment will be based on presentation of project before the internal and external examiners
2. There will be 20 marks for Project Report and 20 marks for presentation and 20 for viva-voce

External Examination:-60 marks

| | | |
|----------------|-------------------------|-----------|
| Report writing | Presentation, viva-voce | Viva-voce |
| 20 | 20 | 20 |

Internal Examination: - 40 marks

| | | | |
|----------------------------|--------------|--------|-----------|
| Regularity and punctuality | Presentation | Report | Viva-voce |
| 10 | 10 | 10 | 10 |

Internal evaluation will be done by the concerned teacher or guide.

1. External Examination will be conducted by two examiners one of whom will be internal and two will be external examiners (appointed by 32(5) (a) committee by NMU).
2. Each batch will consist of only eight students.
3. Duration of examination for each batch will be four hours.
4. Marks for Project Report and Presentation and viva-voce will be given by both examiners and the average of the same will be considered as final marks of candidate.

JOB OPPORTUNITIES

- 1) After completion of this course students can work as psychologist.
 - 2) Students have opportunities in the field of mental hygiene and field of public health is open for them.
 - 3) Students can work as assistance of psychiatrists and in health clinic.
 - 4) Students have opportunities to work as counselor as well as a social worker.
 - 5) Students have opportunities to work as Industrial Psychologist.
 - 6) Students have opportunities to work as Child counselor as well as a Family counselor.
 - 7) After completion of this course students can work in teaching field.
 - 8) Work as a rehabilitation teacher for mentally retarded, physically handicapped and for special children.
-

M.A – II Psychology
EQUIVALENT COURSES

| Sr. no | Paper code | Old Course | Paper code | New Course |
|---|------------|--|------------|--|
| Compulsory Paper | | | | |
| 1 | Psy-231 | Advanced Social Psychology | Psy-231 | Health Psychology |
| | Psy-241 | Community Behavioral Psychology | Psy-241 | Health Issues in Health Psychology |
| 2 | Psy-234 | Experimental Psychology | Psy-234 | Research Methodology |
| | Psy-244 | Psychological Testing | Psy-244 | Dissertation |
| Optional Paper – Select any one group of specialization | | | | |
| Clinical Psychology – Group - A | | | | |
| 03 | Psy-232 | Psychology of Mental Disorder | Psy-232 | Psychopathology |
| | Psy-242 | Psychopathology | Psy-242 | Clinical Psychopathology |
| | Psy-233 | Psycho diagnostic theory | Psy-233 | Psycho diagnostic theory |
| | Psy-243 | Western & Indian Psychotherapy | Psy-243 | Psycho diagnostic Procedure & Technique |
| Industrial Psychology – Group -B | | | | |
| 04 | Psy-232 | Personnel Psychology | Psy-232 | Personnel selection & Evaluation |
| | Psy-242 | Managerial Psychology | Psy-242 | Managerial Decision & Development Psychology |
| | Psy-233 | Industrial Human Relations | Psy-233 | Industrial Work Motivation & Human Relations |
| | Psy-243 | Organizational Development Psychology | Psy-243 | Approaches of Organizational Development |
| Counseling Psychology – Group - C | | | | |
| 05 | Psy-232 | Counseling Process | Psy-232 | Counseling Process & Content |
| | Psy-242 | Counseling & Psychological Assessment | Psy-242 | Counseling Assessment |
| | Psy-233 | Career Counseling | Psy-233 | Modern Career Counseling |
| | Psy-243 | Personnel Counseling | Psy-243 | Special Area in Counseling |
| Educational Psychology – Group - D | | | | |
| 06 | Psy-232 | Psychology of Human Resource Development | Psy-232 | Theories of Human Resource Development |
| | Psy-242 | Educational Psychology of Exceptional | Psy-242 | Teaching Models & Techniques |
| | Psy-233 | Psychology of Fundamental Guidance | Psy-233 | Fundamental Counseling & Guidance |
| | Psy-243 | Applied Counseling Psychology | Psy-243 | Counseling Process & Modern Area |

Dr.Mrs.Mundada
Chairman
B.O.S.Psychology