

Distribution of 200 marks for Practical Work University Examination

One advance coaching lesson in the sport selected.

a) Viva 25 marks. the students in to produce his record book at the time of Viva.

b) Actual lesson 75 Marks.

(5 on for lessons)

(On a Small group of B.Ed. (Phy.Edn.) Students.

2) The distribution of 100 marks (Internal) will be as follows :

1) Advance Coaching lessons (5) ...	50	Marks.
2) Skills Tests 2 ...	20	..
3) Observation & Evaluation of the ... Coaching lessons of the groupmates ..	10	..
4) Organisation & Officiating (Clinics)	10	..
5) Yearly turnout of the students ...	10	..

Total ... 100 Marks

For the sport selected for coaching the related books from the list given below be referred.

1. Fundamentals of Track and-Field- field coaching ; L.Millerson and John H.Copper.
2. Track & Field for coach and Athlete ; Jesse P.Millerson
3. Let us coach Soccer, J.P.Thomas.
4. Scientific weight-training for games and sport; J.P.Thomas.
5. Volley Ball for men & women; V.Hubert, Dheneraj.
6. Lawn Tennis ; Louis T.Stanley.
7. Books of Rules of Games and sports ; YMOA College staff.
8. Modern Track and Field ; Kenneth Boharty.
9. Field Hockey for Girls ; Joyine lee.
10. Hockey Practice and Tactics and D.S.Hiffar.
11. Teach yourself Hockey ; F.B.S.Greek.
12. The N.C.S.Cricket coaching Book L.M.C.C.
13. The Foot Ball Association coaching Manual
14. Swimming ; T.J.H. Kiphuth.
15. How to play and Teach Volley Ball K.Admund Welch.
16. Basket Ball series ; Clizer Nos.
17. Wrestling ; Kenney and Law.
- 18) Teach Yourself series in different games.