



**KAVAYITRI BAHINABAI CHAUDHARI
NORTH MAHARASHTRA UNIVERSITY JALGAON**

Syllabus for

**F.Y.B.A
PSYCHOLOGY**

Under Faculty of Humanities

(With effect from June 2022)

CHOICE BASED CREDIT SYSTEM (CBSC)

**KAVAYITRI BAHINABAI CHAUDHARI
NORTH MAHARASHTRA UNIVERSITY JALGAON**

Choice Based Credit System (CBSC)

Faculty of Humanities

Under Graduate Programme (UG)

PSYCHOLOGY

**Curriculum Structure and Scheme of Evaluation for B.A. First Year With effect from
2022-23**

Semester	Paper No.	Title of the Paper	Period/Week	Credits
I	Psy - 101	Basic Principles in Psychology	04	03
II	Psy - 201	Fundamental Concepts of Psychology	04	03

HIGHLIGHTS OF THE PAPER

1. Salient features of the paper: For semester I, Course title "Basic Principles in Psychology" is for three credits. From this course, the students will get aware about basic principles in Psychology and they will also learn how to measure personality as well as intelligence quotient.

In semester II, Course title "Fundamental Concepts of Psychology" is for three credits. In this course, the students will learn the applications of psychological concepts in various fields so that they understand the relevance of Psychology in different areas of life. It also aims at fostering their interest in the subject of Psychology and to create a foundation for further studies in Psychology.

Utility of the Paper: From this paper students will prepare themselves in way to forth coming examination like SET/NET or other competitive exam.

2. Learning Objective of the Paper: To make students understand the basic Psychological process and their application in everyday life. They also understand the fundamental concepts of psychology and co-relate these in our everyday life.

3. Prerequisites of the Paper: In each semester theory is correlated with sub-units.

K.B.C. North Maharashtra University, Jalgaon

Syllabus for F.Y.B.A. Core Course Psychology

Semester - I

Course Title: Basic Principles in Psychology (Psy-101)

Course Code: CCPSY-I

Credit: 03

Total Period – 60

Total

Hours:50

Total Marks: 100

Internal Exam: 40

External Exam: 60

Course Objectives:

1. To impart knowledge of the basic concepts and modern trends in Psychology.
 2. To make the students aware of the applications of Psychological concepts in various fields.
 3. To elaborate the concept of personality, types and trait theories of personality and self-concept as well as SWOT analysis and SMART.
 4. To elaborate the concepts of motivation and emotions, its types and effect emotions on Physical and mental health to the students.
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Unit-1. INTRODUCTION TO PSYCHOLOGY (20)

- 1.1 Nature of psychology: Meaning of psychology, Behavioural Science, Study of behaviour, Study of mental processes, Major goals of psychology- (Description and measurement of behaviour, Explain of behaviour, Prediction and control of behaviour, Behavioural change)
- 1.2. Modern perspectives of psychology: Behavioural, Bio-psychosocial, Developmental, Humanistic, Psychoanalytic and Cognitive
- 1.3 Branches of Psychology: Clinical Psychology, Counselling Psychology, Positive psychology, Industrial Psychology, Social Psychology, Developmental Psychology, Educational Psychology, Criminal & Forensic Psychology, Environmental psychology, Women psychology
- 1.4 Methods of Psychology: Observation method (Introspection, Naturalistic & Systematic), Case Study method, Interview method, Survey method, Experimental Method
- 1.5 Applying Psychology-Career in Psychology

Unit – 2. PERSONALITY AND SELF CONCEPT (20)

- 2.1 Nature of Personality- Factors of shaping Personality (Genetic Endowment, Physique, Endocrine Glands, Family, Friends and Neighbour Hood, School, Social, Cultural, Technology, Mass Media)

- 2.2** Type and Trait of Personality: (Hippocrates, Kretchmer, Jung), (Allport's, Cattell's, McCrae and Costa big – 5 model)
- 2.3** Theories of Personality –Freud's Psychoanalytical (Structure of Personality and Division of Personality), Bandura's Social learning, Personality Assessment: – Self report measurement (questionnaire), Interview, Behavioural, Projective Techniques (Rorschach Inkblot test), TAT, Sentence completion test)
- 2.4** Self-Concept :- Nature of self-concept, Components of Self-concept (Self Awareness, Self-presentation, Self Esteem, Self-Respect, Self-control)
- 2.5** Applying Psychology- SWOT analysis, SMART analysis

Unit – 3. MOTIVATION & EMOTION

(20)

- 3.1** .Motivation: Nature of motivation, Motivation cycle and Maslow's Hierarchical theory of motivation,
- 3.2** Types of Motivation: Biogenic (Hunger, Thirst, Sex, Sleep, Temperature Regulation, Maternal) Social (Achievement, Power, Dependency, Affiliation, Acceptance and Aggression)
- 3.3** Frustration: Nature and reasons of Frustration, Conflicts-Nature and types of conflicts– (Approach–Approach, Avoidance-Avoidance, Approach–Avoidance, Double Approach–Avoidance), Conflict resolution-Direct and indirect ways, Effect of emotions on physical and mental health
- 3.4** Emotion: Nature and functions of emotions, Types of emotion (Primary and Secondary, Positive and Negative), Physiological changes and external expression of emotion.
- 3.5** Applying Psychology – Techniques of controlling emotions

Reference Books:

- 1) Baron, R. A. (2001). Psychology. New Delhi: Pearson Education Pvt. Ltd.
- 2) Santrock J.W. (2006) Psychology Essentials2; Tata McGraw-Hill Edition
- 3) Ciccarelli , Sandra, White N. (2011). Psychology: An Exploration (2nd edition), Pearson Publications
- 4) Ciccarelli, S and Meyer, G. E. (2011). Psychology, Pearson Publications, New Delhi.
- 5) Coon, D. & Mitterer, J. O. (2007). Introduction to psychology: Gateways to mind and behavior. Singapore: Thomson Wadsworth.
- 6) Feldman, Robert (2009). Understanding Psychology, 9th edition, Tata McGraw Hill.

Books in Marathi Language:

- 1) गोगटे, भागवतवार, देशपांडे, सामान्य मानसशास्त्र, कॉन्टिनेन्टल प्रकाशन पुणे
- 2) डॉ. जी. बी. चौधरी, मानसशास्त्राची मूलतत्वे, प्रशांत पब्लिकेशन जळगाव
- 3) बडगुजर बच्छाव आणि शिंदे, सामान्य मानसशास्त्र, स्वयंभू प्रकाशन
- 4) हिरवे, तडसरे, मानसशास्त्राची मूलतत्वे, फडके बुक हाऊस कोल्हापूर
- 5) सिंग अरुण कुमार, उच्चतर सामान्य मनोविज्ञान, मोतीलाल बनारसीदास, नई दिल्ली
- 6) मुंदडा निशा, खलाने शशिकांत, प्रगत सामान्य मानसशास्त्र, प्रशांत पब्लिकेशन जळगाव
- 7) जाधव रणधीर, मानसशास्त्राची मूलतत्वे, अथर्व पब्लिकेशन जळगाव

Examination Pattern**Internal Examination: - 40 Marks (College Level)**

Internal Test-I	Internal Test-II	Tutorial	Attendance & Behaviour	Total Marks
10 Marks	10 Marks	10 Marks	5+5 =10 Marks	40 Marks

External Examination:- 60 Marks (University Level)

K.B.C. North Maharashtra University, Jalgaon

Syllabus for F.Y.B.A. Core Course Psychology

Semester - II

Course Title: Fundamental Concepts of Psychology (Psy. 201)

Course Code: CCPSY-I

Credit: 03

Total Period: 60

Total Hours: 50

Total Marks: 100

External marks: 60

Internal marks: 40

Course Objectives:

1. To relate the fundamental principles of Psychology in everyday life.
 2. To make the students aware of the applications of psychological concepts in various fields so that they understand the relevance of Psychology in different areas of life.
 3. To foster interest in the subject of Psychology and to create a foundation for further studies in Psychology.
 4. To explain the concepts of intelligence and thinking, its types and measurement of intelligence as well as problem-solving and decision making to the students.
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Unit-1- COGNITIVE PROCESS

(20)

- 1.1 Nature of Attention: The meaning of attention, Characteristics of attention, Types of attention, Determinants of attention- (Objective Determinants-Nature of stimulus, change in stimulus, novelty of stimulus, movement of stimulus, isolation of stimulus and subjective Determinants- Need, Interest, curiosity, Habit, Meaning)
- 1.2 Nature of Perception: Meaning and characteristics, Laws of perceptual organization
- 1.3 Factors influencing perception: Context and mental Set-effects, Needs and motives, Social and Cultural factors
- 1.4 Illusions and Hallucinations: Types of illusions, Hallucinations, Difference between Illusions and Hallucinations
- 1.5 Applying Psychology – Extra Sensory Perception: Telepathy, Clairvoyance, Precognition

Unit-2- LEARNING AND MEMORY

(20)

- 2.1 Nature of Learning: Meaning and Characteristics of learning, learning styles
- 2.2 Learning Methods: Trial and errors method, Insight learning method, Classical Conditioning, Operant conditioning

2.3 Nature of Memory: Meaning, Process, Three Memory Storehouses- (Sensory memory-Iconic Memory, Echoic Memory, Short Term Memory, Long Term Memory-Declarative Memory, Procedural Memory, Semantic Memory, Episodic Memory)

2.4 Retention and its Methods: Recall method, Recognition method, Relearning method, Reconstruction method

2.5 Applying Psychology-Nature of Forgetting: Encoding Failure, Storage Decay, Retrieval Failure, Interference, Motivated Forgetting

Unit – 3 INTELLIGENCE AND THINKING

(20)

3.1 Nature of intelligence: Basic concepts of measurement (CA, MA, IQ)

3.2 Types of intelligence (Academic, Artificial, Mechanical, Kinaesthetic, Emotional, Social, Spiritual), Types of intelligence tests (Verbal and Nonverbal, Individual and Group)

3.3 Intellectual deficiency: Nature of intellectual deficiency, Types and reasons of intellectual deficiency

3.4 Thinking: Nature of thinking (Images, Concepts, Symbols and Signs, Language), Types of thinking (Perceptual, Conceptual, Reflective, Creative, Critical)

3.5 Applied Psychology-Problem solving: Meaning and stages of the problem-solving cycle – Sternberg, Decision Making stages (Setting goals, Gathering information, Decision, structuring, Making a final choice and Evaluating

REFERENCES:

1. Ciccarelli, Sandra, White N. (2011). Psychology: An Exploration (2nd edition), Pearson Publications
2. Ciccarelli, S and Meyer, G. E. (2011). Psychology , Pearson Publications, New Delhi.
3. Coon, D. & Mitterer, J. O. (2007). Introduction to psychology: Gateways to mind and behavior. Singapore: Thomson Wadsworth.
4. Feldman, Robert (2009). Understanding Psychology, 9th edition, Tata McGraw Hill.
5. Lahey, B. B. (2003). Psychology: An introduction. New Delhi: Tata McGraw-Hill.
6. Morgan, C. T., King, R. A., Weisz, J. R. and Schopler, J. (1986). Introduction to psychology. McGraw-Hill Book Co.
7. Morgan, King, Weisz, Schopler (2001). Introduction to psychology, Tata McGraw Hill
8. Passer, M. W. & Smith, R. E. (2008). Psychology: The science of mind and behaviour (4th Ed.) New Delhi: Tata McGraw-Hill.

9. Smith, D. B. (1998). Psychology: Science and understanding. Boston: McGraw-Hill.
10. Smith, E. E., Hocksema, S. N., Fredrickson, B. and Loftus, G. R. (2003). Atkinson and Hilgard's Introduction to Psychology. Singapore: Thompson Wadsworth.
11. Zimbardo, P. G. and Weber, A. L. (1997). Psychology. N.Y.: Pearson.
12. Inamdar, Gadekar & Patil (2006). Adhunik manasashastra. Pune: Diamond Publication.
13. Pandit, Kulkarni & Gore (1999). Samanya manasashastra. Nagpur: Pimpalapur Prakashan
14. Saundra K. Ciccarelli & Glenn E. Meyer (2016) Psychology (South Asian 18th Ed.)
15. Robert A. Baron (2002) Psychology (5th Edition)
16. Wayne Weiten & Margaret A. Lloyd (2004) Psychology Applied to Modern Life, Adjustment in the 21th Century (7th Ed.)
17. Michaale W. Passer & Ronald E. Smith (2015) Psychology, The Science of Mind and Behavior (7th Ed.)

Books in Marathi Language:

1. बच्चाव, बडगुजर आणि शिंदे (२००१). सामान्य मानसशास्त्र, स्वयंभू प्रकाशन, नाशिक
2. मुंदडा आणि खलाने (२०१३). मानसशास्त्राची मूलतत्त्वे. अथर्व प्रकाशन, जळगाव
3. जाधव आर. यु. (२०१७) आधुनिक सामान्य मानसशास्त्र, प्रशांत पब्लिकेशन, जळगाव
4. डॉ. शोभना अभयंकर, डॉक्टर अमृता ओक, डॉक्टर शीला गोळवीकर (२०१४) मानसशास्त्र वर्तनाचे शास्त्र

Examination Pattern

Internal Examination: - 40 Marks (College Level)

Internal Test-I	Internal Test-II	Tutorial	Attendance & Behaviour	Total Marks
10 Marks	10 Marks	10 Marks	5+5 =10 Marks	40 Marks

FYBA Psychology

Equivalent Syllabus of Core Course

Old Syllabus (2018-19)		New Syllabus (From June 2022)	
Psy - 101	Foundations of Psychology	Psy - 101	Basic Principles in Psychology
Psy - 201	Introduction to Social Psychology	Psy - 201	Fundamental Concepts of Psychology

**Question Paper Pattern
CBCS Pattern**

Time - 2 hrs.

Class- F.Y.B.A.

Marks- 60

Instructions-

1. All questions carry equal marks.

2. All questions are compulsory

Que. 1. Answer in one sentence. (Any-6) 12

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.

Que.2. Answer in three to four sentences. (Any-4) 12

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Que.3. Answer in brief. (Any-3) 12

- 1.
- 2.
- 3.
- 4.
- 5.

Que. 4 .Write a Short Note on. (Any-2) 12

- 1.
- 2.
- 3.
- 4.

Que. 5. Long answer questions. (Any-1) 12

- 1.
- 2.
- 3.